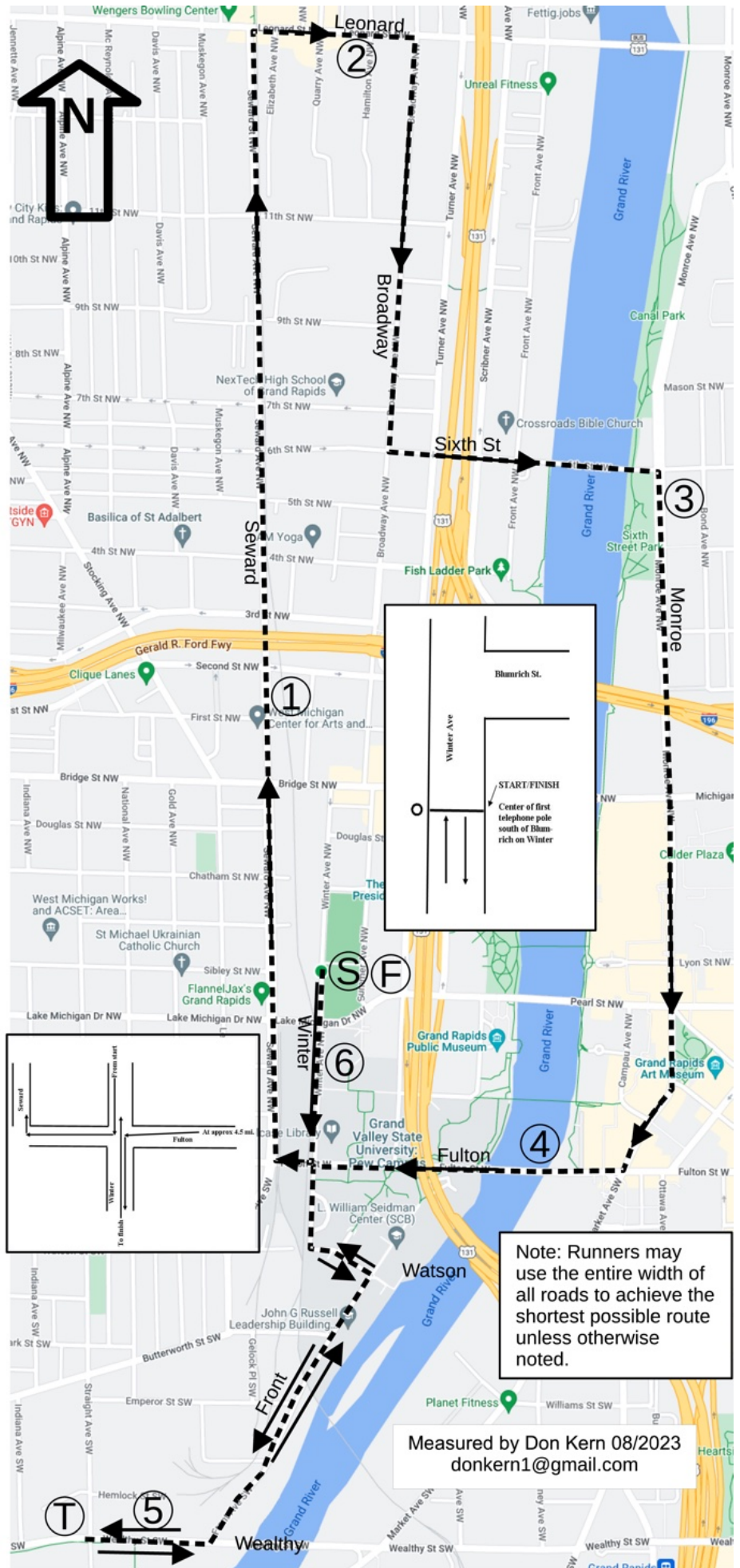
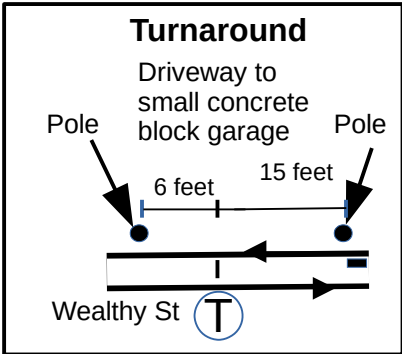


Run Thru The Rapids 10K Grand Rapids, Michigan



Note: 10K Course follows the first 5+ miles of the Grand Rapids Marathon course before turning around.

Mile Markers:
 1 – Side “man door” of Rockford Construction on Seward 18’ south of big electrical box.
 2 – Doorway of 506 Hamilton
 3 – Monroe Ave S. of Sixth St, 10’ north of parking lot entrance
 4 – Parking meter 1010 on Fulton St.
 5 – On Wealthy second light pole east of Straight.
 Turnaround – Driveway to small concrete block garage. 6’ E of left pole, 15’ W of right pole as you face the garage
 6 – Winter Street 81’ south of exit drive from GVSU parking lot.



Note: Runners may use the entire width of all roads to achieve the shortest possible route unless otherwise noted.

Measured by Don Kern 08/2023
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